

Welcome SUPER!

Stand-up Paddleboarding is a fun and exciting way to explore the marine environment. In this camp we will be learning the basics of SUPing, how to surf a SUP board, ways to be good ambassadors to the oceans, and making new friends!

Make sure you use the following checklist to prepare for SUP camp. If you have any questions, please email garrett@channelislands.com.

What to bring EACH DAY:

- Full wetsuit- 2mm legs/arms and 3mm torso at minimum. Shortie or full suits are acceptable.
- Towel
- Water in a reusable water bottle (please no single-use plastic water bottles)
- Sunscreen
- Snack

Optional Items:

- Sunglasses w/ retainers
- Rashguard
- Booties

Please check in EVERY DAY at Paddle Sports on West Beach, right next to Stearns Wharf. We are the blue box with red kayaks and white SUP boards. You can park on Cabrillo Blvd and walk across the beach.

